

# Free Walking Apps



**Map My Run**

<https://www.mapmyrun.com/app>



**Nike Run Club**

<https://www.nike.com/nrc-app>



**Strava**

<https://www.strava.com/mobile>



**Google Fit**

<https://www.google.com/fit/>



**Apple Health**

<https://www.apple.com/ios/health/>

## Other Free Exercise Apps



**ClassPass**

<https://classpass.com/>



**Daily Yoga**

<https://www.dailyyoga.com/>



**J&J Official 7-Minute Workout**

<https://7minuteworkout.inj.com/>



**Lotus Yoga & Workout**

<https://www.lotusapp.net>